



# PATERSON PUBLIC SCHOOLS



Department of Food Services  
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Laurie W. Newell, PhD  
Superintendent of Schools

9/7/23

Dear Families,

Paterson Public Schools is committed to ensuring that all our students start the day with a nutritious breakfast. Students who eat breakfast tend to miss less school, get better grades and are more likely to graduate high school. This letter is to inform you that our school district will continue to make breakfast available to students before, and after, the bell for the 2023-2024 school year, beginning on 9/7/2023.

Making breakfast available after the bell gives more students the opportunity to eat breakfast at school. It removes common barriers like students missing breakfast because they arrive late or because they would rather skip breakfast to hang out with their friends. Now all students can eat breakfast and start their day ready to learn.

School breakfast always includes milk, fruit or juice and whole grains. Even though breakfast items provided to students at school sometimes look like the same breakfast items found in stores, school breakfast items have more whole grains and less sugar, sodium, fat and calories.

Breakfast is free of charge for all students.

Rosa Parks High School start time: 8:20 am.

Grab and Go Breakfast after the bell available 8:20 am-9:00 am.

If you have questions, please contact the Food Services Department at (973) 321-0950.

Sincerely,

**D. Krystal Tanner, CDM, CFPP**

Executive Director of Food Services